

# Soil Health

## National Science Teachers Association

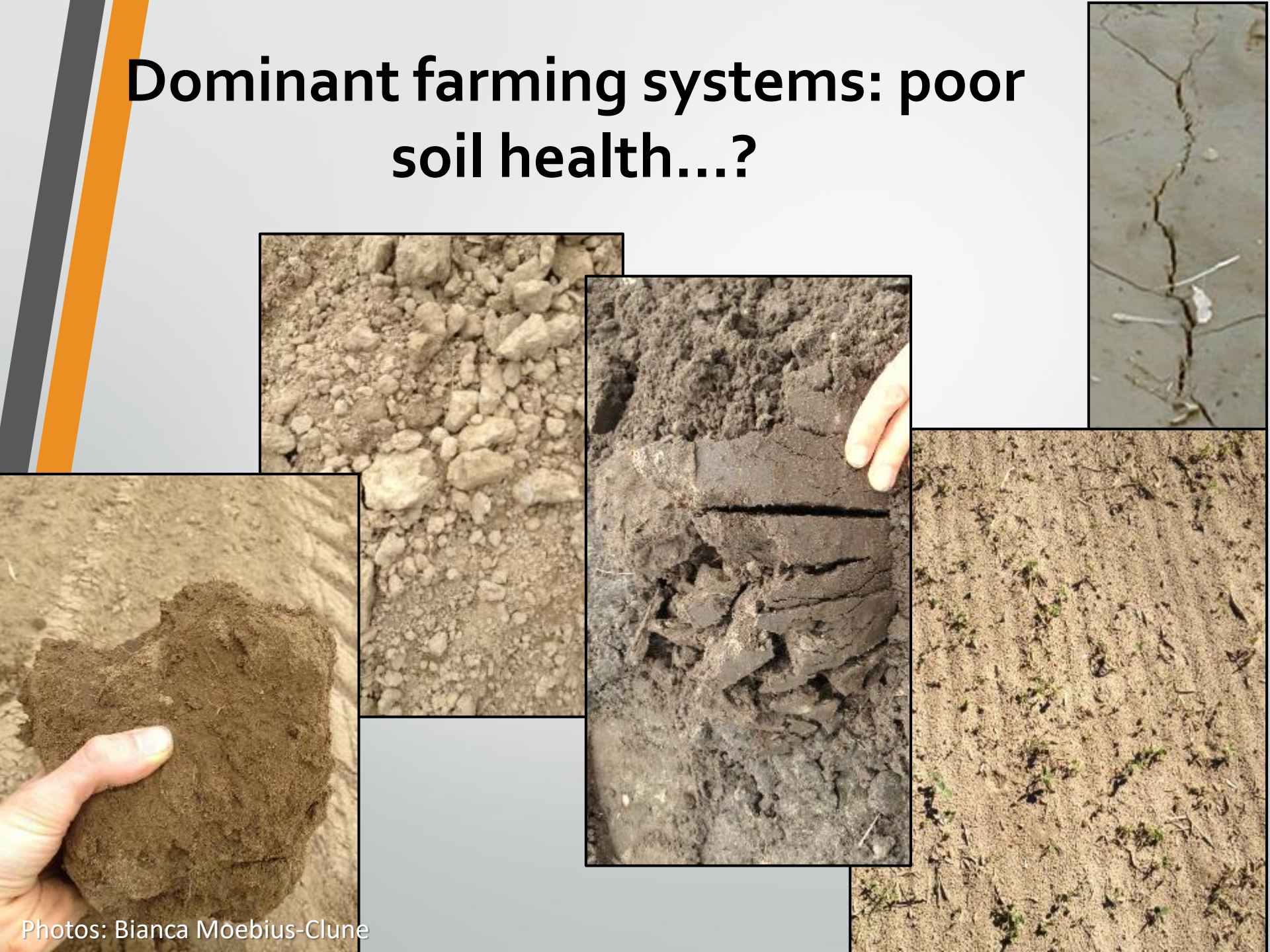
Los Angeles, California  
March 31, 2017

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# Dominant farming systems: poor soil health...?



# Poor Soil Health Practices



**Fallow**



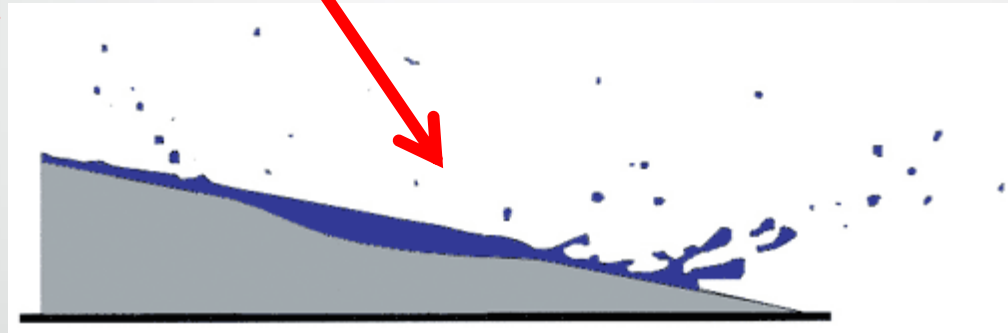
**No residue cover**



**Intensive Tillage practices**

# Raindrops Impact on Bare Soil

Dislodging soil particles and splashing them **3 to 7 ft** away



Raindrop splash pattern from a slope landscape,  
(Envr. Soil Physics, Hillel, 2005)



# Breakdown of Soil Structure by Habitual Tillage



From granular structure



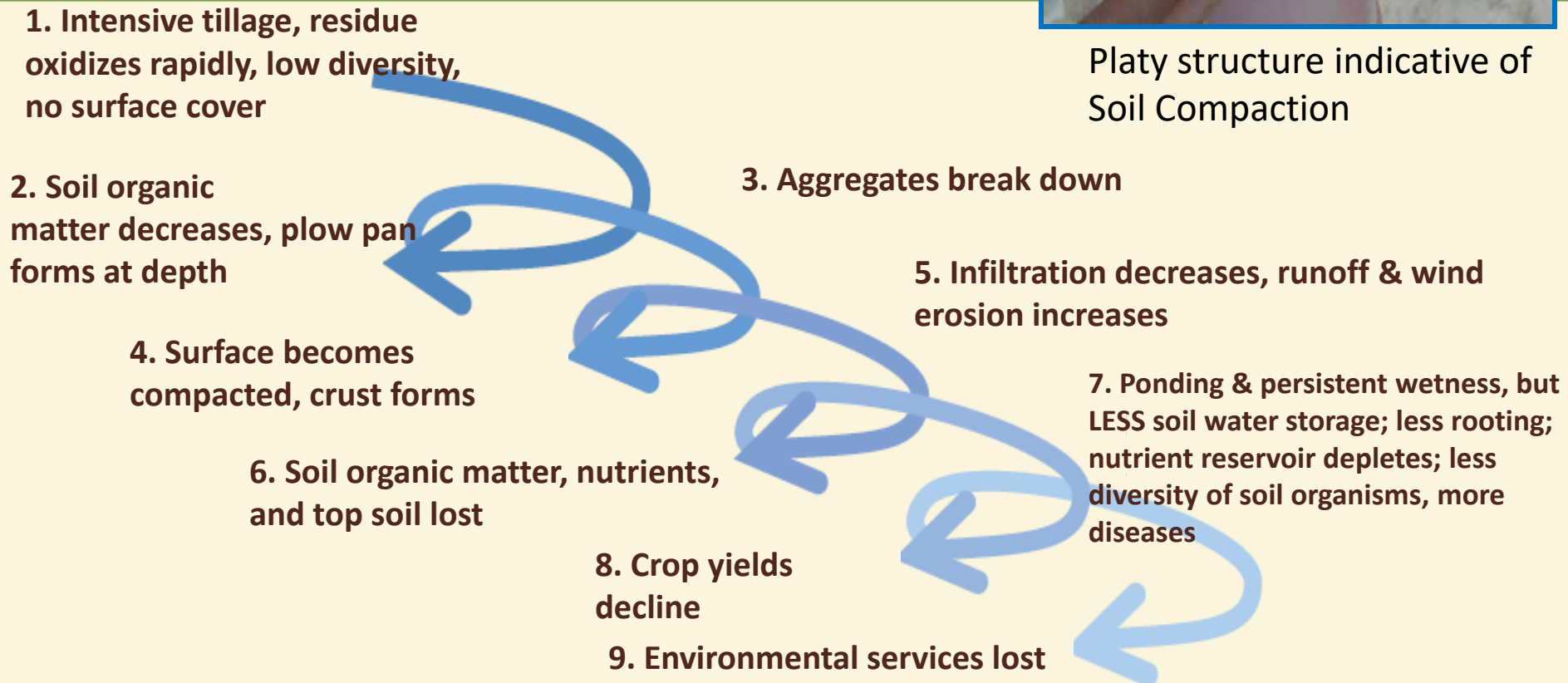
To single grain (structureless) and loss of Soil Organic Matter

(Both soils are Columbia very fine sandy loam)

# Downward Spiral of Soil Degradation in annual systems



Platy structure indicative of Soil Compaction



# Lake Erie Becomes Eerie



Dramatic algal bloom resulting from eroded nutrients finding their way into waterways, streams and lakes.

# Conservation Practices



**No-till/Strip-till**



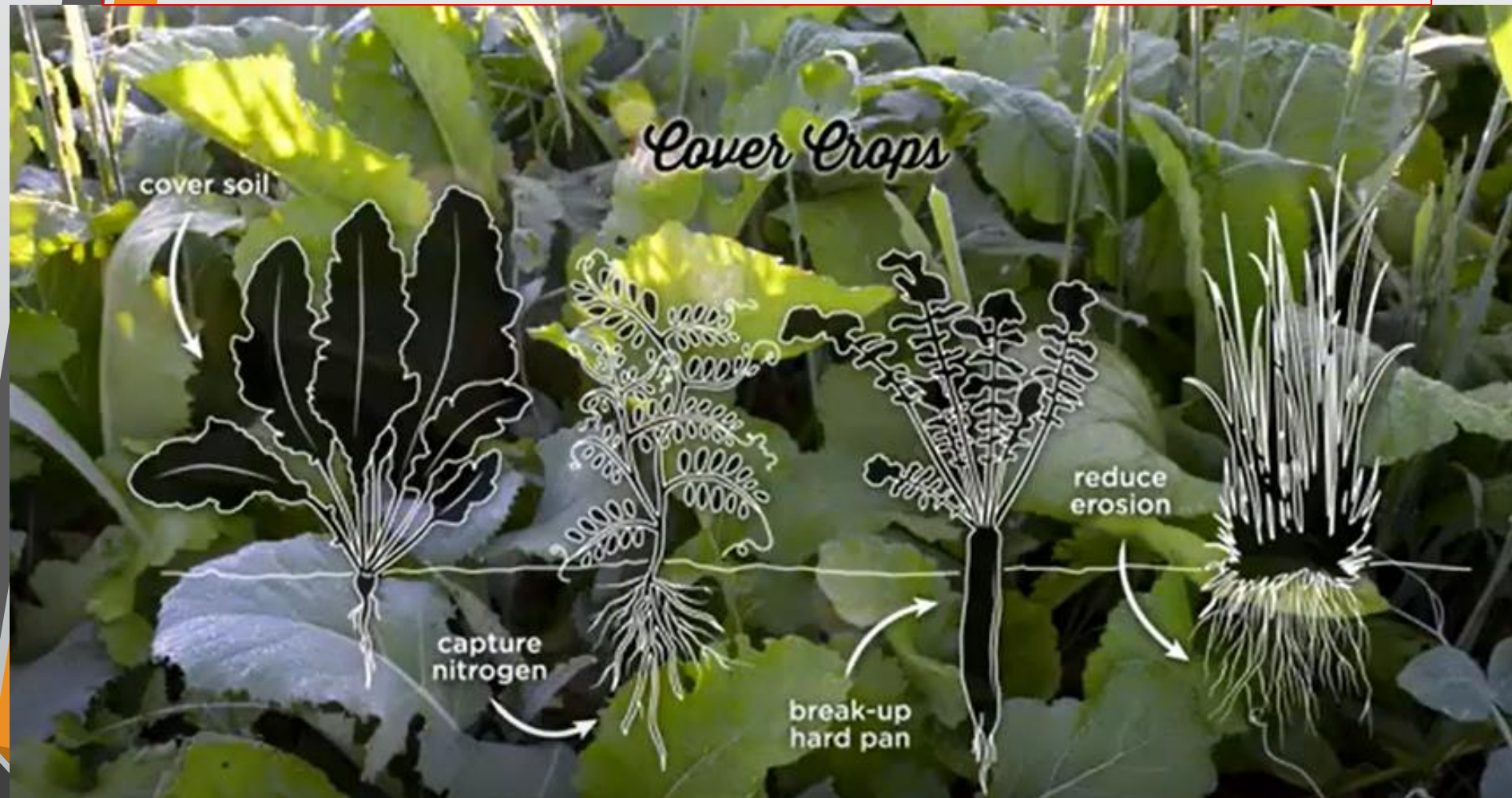
USDA-ARS

**Crop rotation**

Degradation of soil organic matter and structure can be reversed!



# Conservation Practices



# Grower-Collaborator Field Site



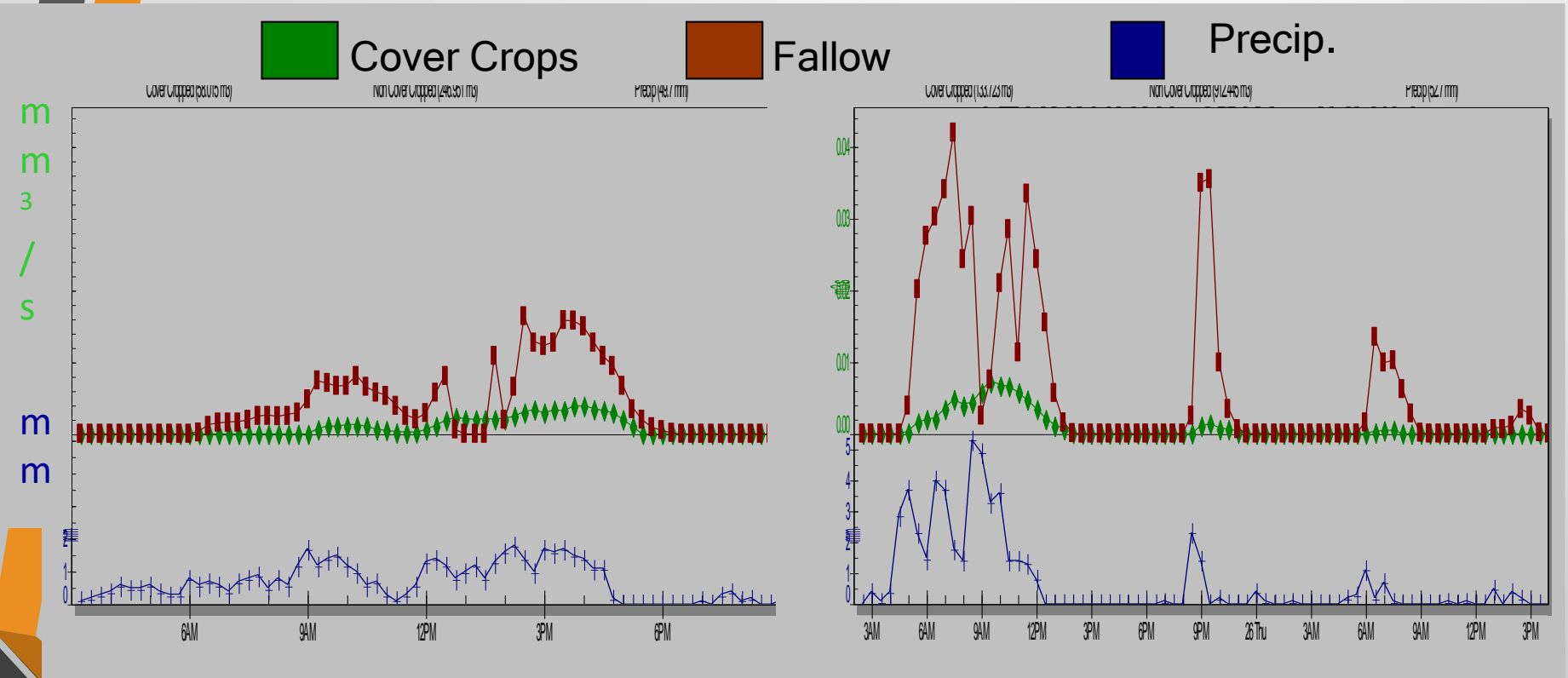
**Winter Fallow (NCC)**



**Winter Cover Crop (CC)**

Same soil type, both fields, side-by-side comparison

# Discharge Hydrograph Comparing Growers' Fields



Storm event 1

Storm event 2

# Grower Field Total Winter Discharge Comparisons

	Fallow (NCC)	Cover Crops
Precipitation Discharged as Runoff	16.3%	0.9%
Average Peak Runoff Velocity	0.52 m/s	0.24 m/s

# Walnut Orchard: Fallow and Cover Crop in Solano County



Field with no cover crop



Field with cover crop

Identical Soil Types (Soil Hydrologic Group B)

Photo taken on February 07, 2017

# Almond Orchard: Fallow and Cover Crop in Yolo County

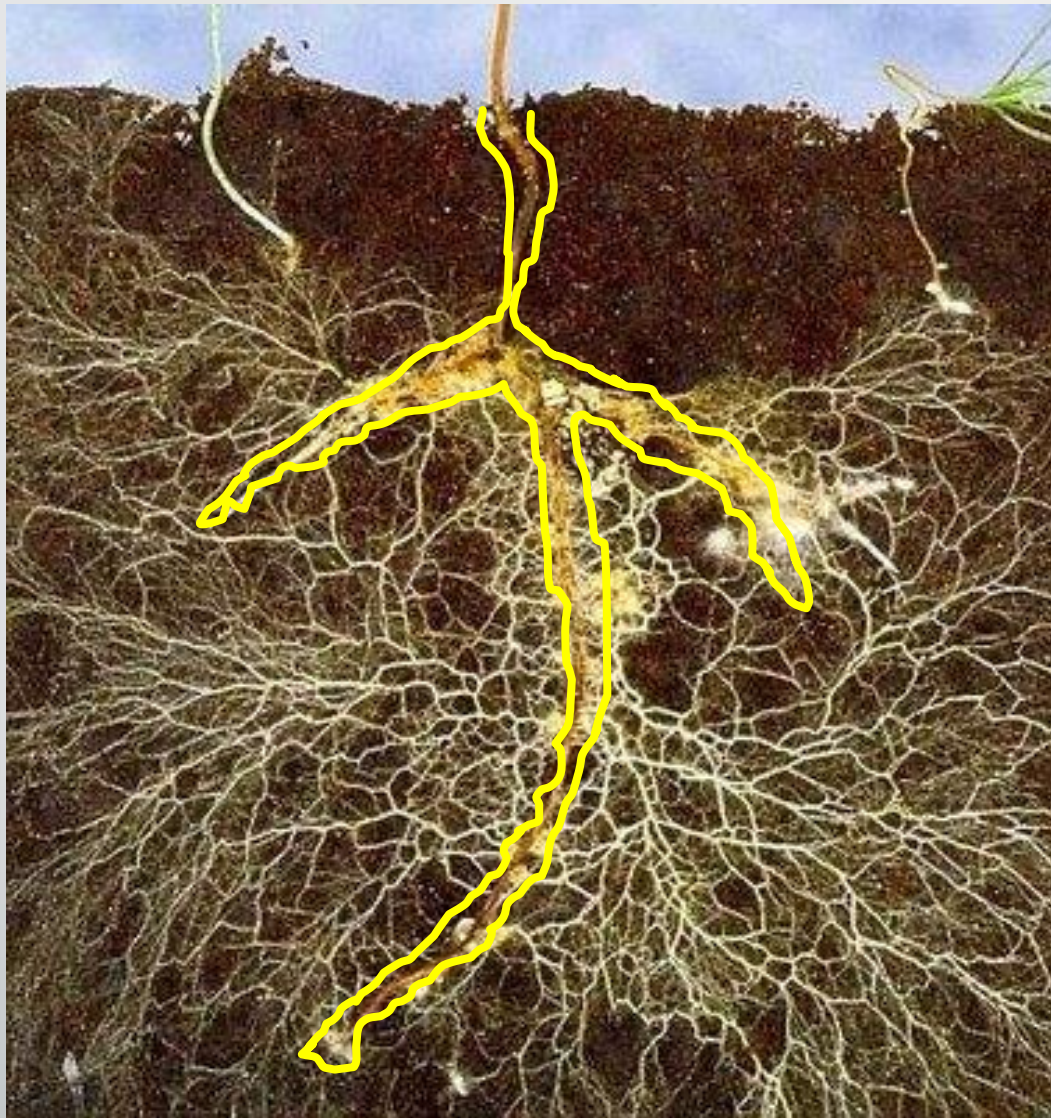


Photo taken on February 21, 2017

# Fallow and Cover Crop Fields in Yolo County



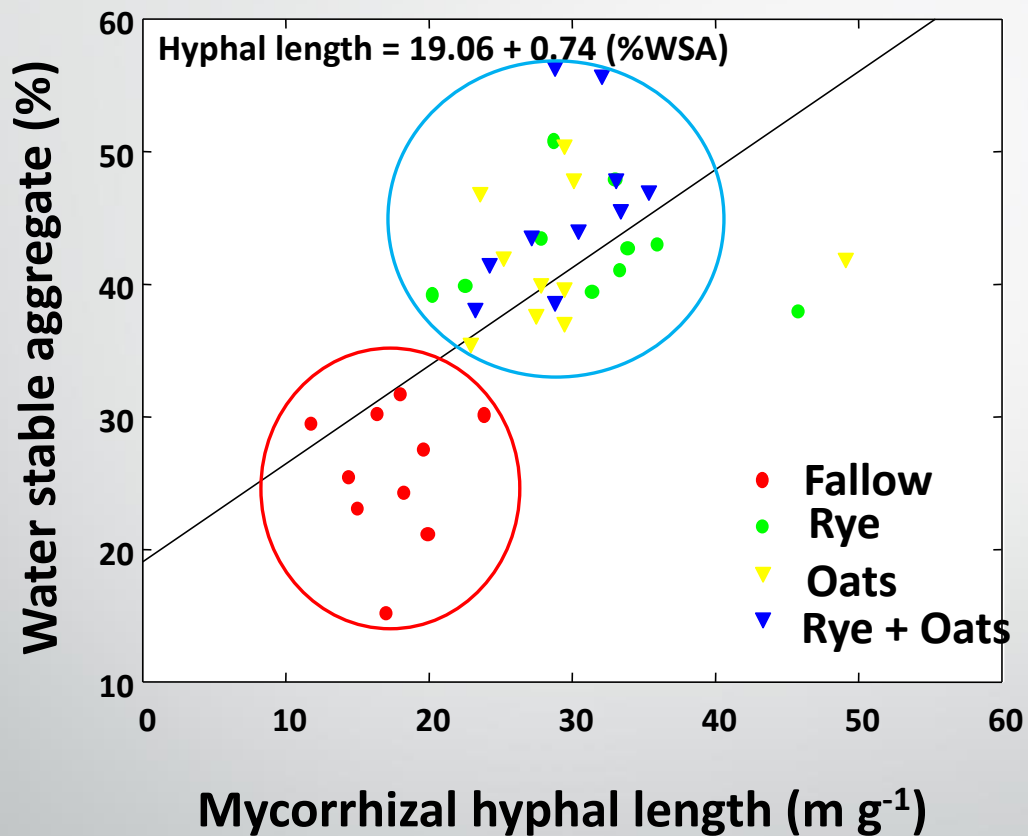
Photo taken (T. Rolfes) on January 8, 2017



**Mycorrhizal hyphae network extending the root zone of a cover crop: the crop provides sugar energy from sun light; the hyphae mines water and minerals for the cover crop.**



# Soil Aggregate Stability



# Management Challenges of Cover Crops Adoption in California

- May delay planting of the main crop
- Pest and disease may carry over to the main crop
- Water use and nutrient competition
- Economic loss
- May interfere harvesting of the main crop

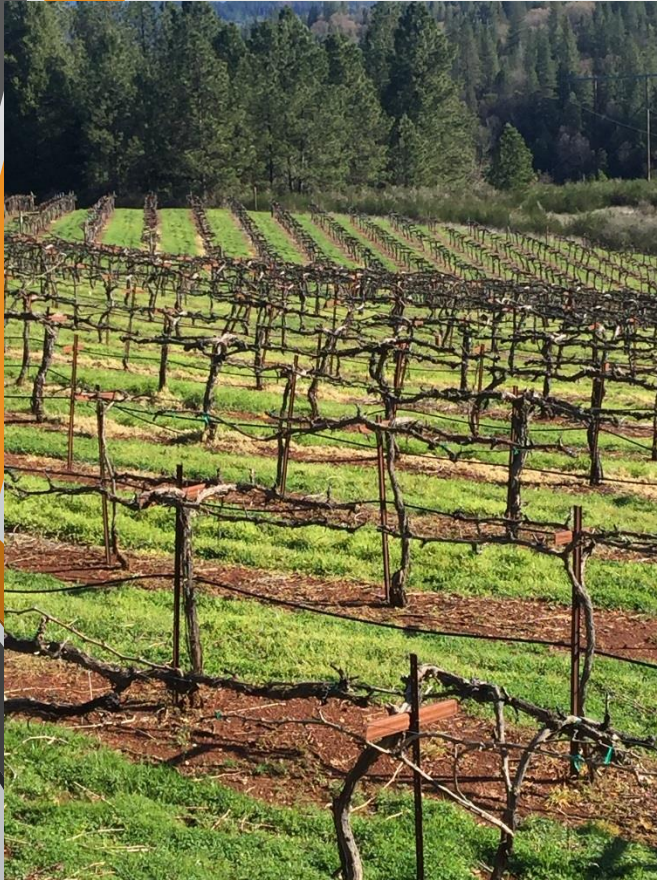
# Cover Cropping in Furrows



**Runoff Quantity and Quality Monitoring**

# Growing Cover Crops in Vineyards

Mountain terrane



S.W. Davis, NRCS

Alternate rows

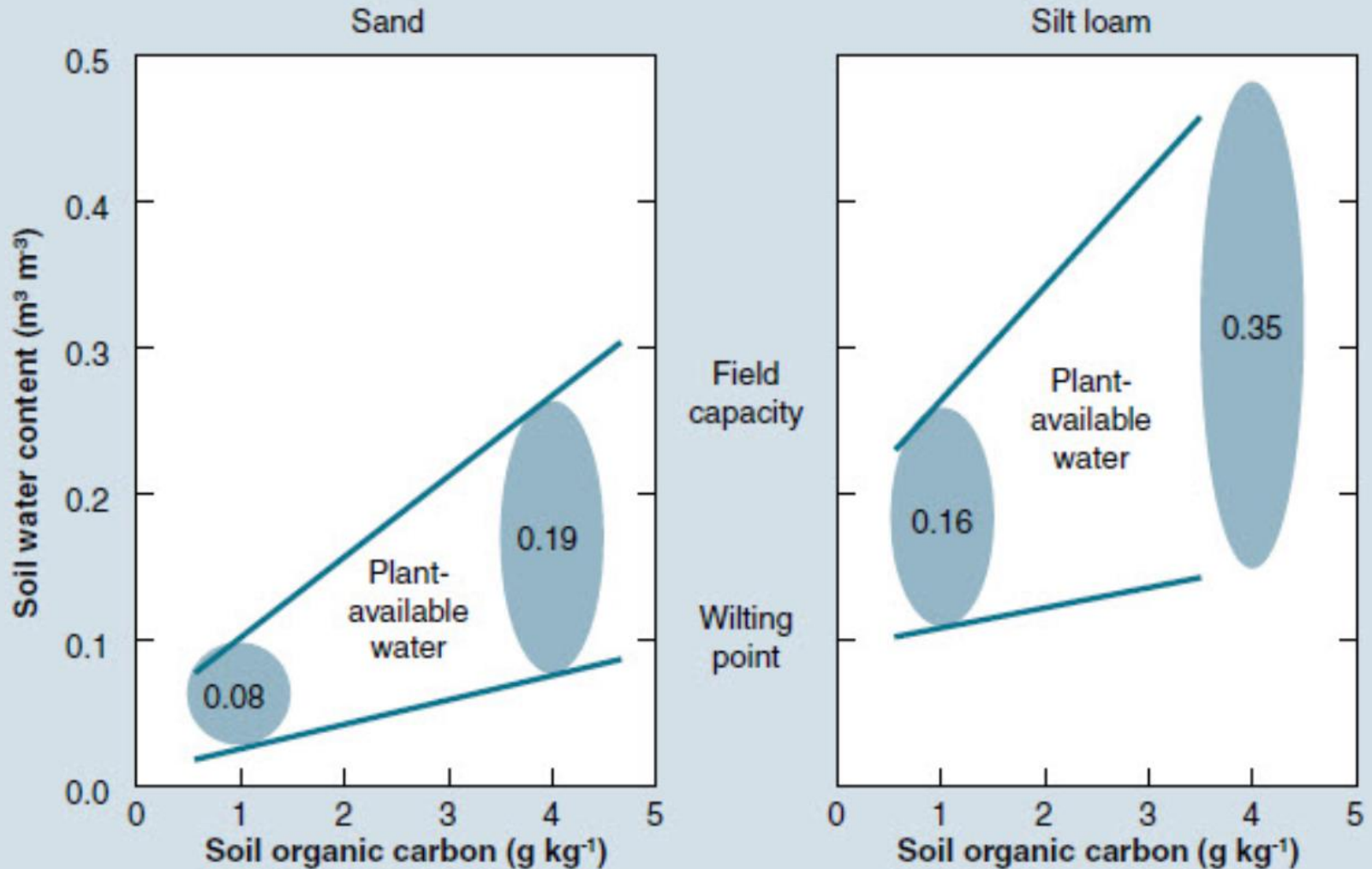


Chuck Ingels, UCCE

# May interfere in Almond Harvesting



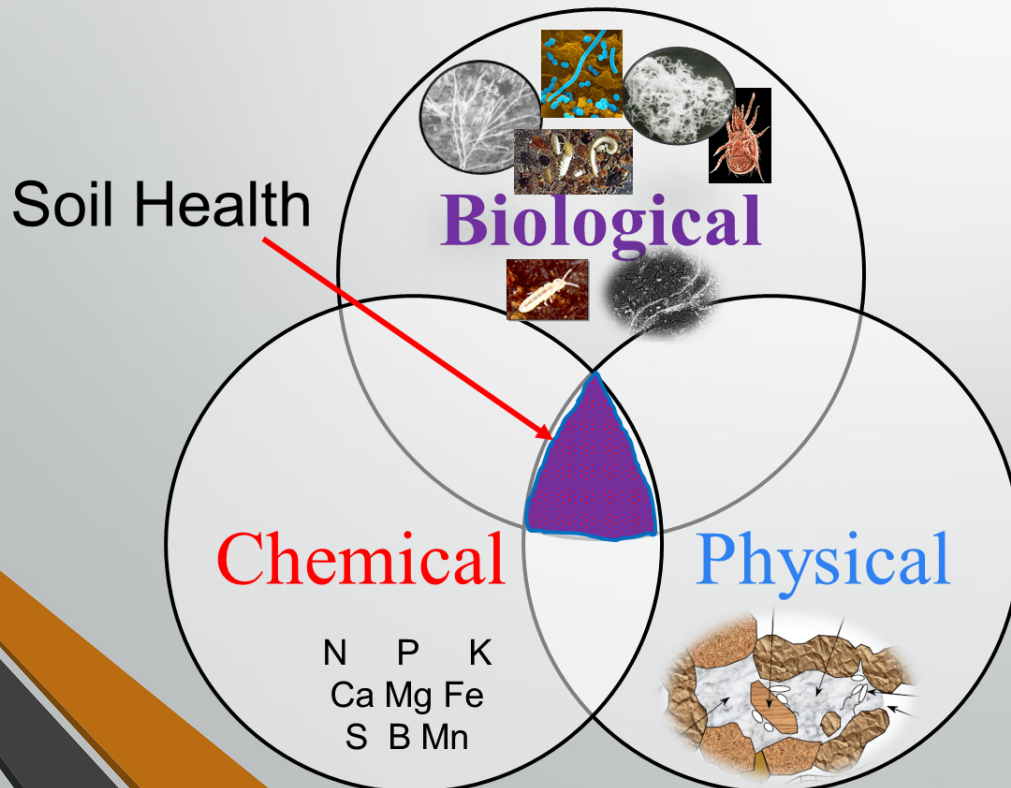
# Organic Matter boosts Water Holding Capacity



(Hudson, 1994, as redrawn in Franzluebbers, 2010)

# What is Soil Health?

*The continued capacity of a soil to function as a vital, living ecosystem that sustains plants, animals, and humans (NRCS, 2015).*



# Important Soil Functions

- Support productive plants and livestock
- Be stable and resist erosion
- Efficient at cycling nutrients internally
- Allow H<sub>2</sub>O to enter quickly & store
- Drain well to avoid drowning plant roots
- Resist pests, pathogens, and disease
- Help plants grow during 'stressful' events



# Soil Health Principles & Soil Function



# Soil Health Principles & Soil Function

**Protects  
Soil**



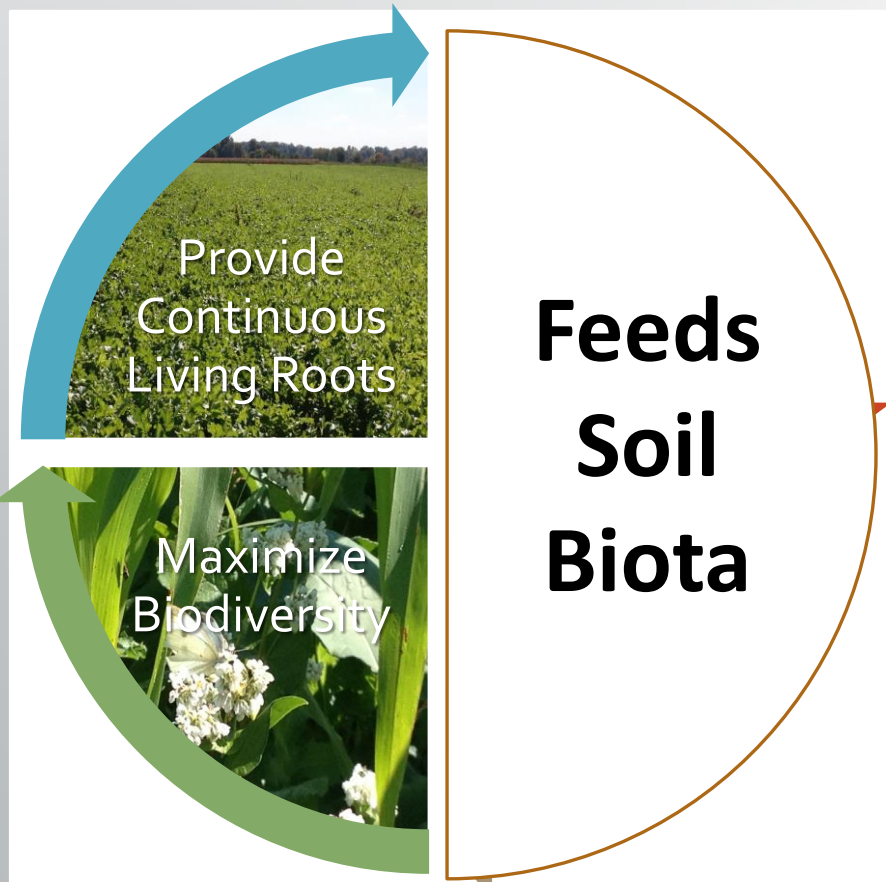
Minimize  
Disturbance

Maximize  
Soil Cover

## **Minimize Disturbance & Maximize Soil Cover**

- Maintain stable aggregates
- Reduce erosion and runoff risk
- Buffer temperature
- Reduce evaporation
- Maintain soil organic matter
  - Water-holding capacity, infiltration, storage
  - Nutrient-holding capacity
  - Habitat

# Soil Health Principles & Soil Function



## Maximize Biodiversity & Maximize Living Roots

- Break disease/pest cycles
- Stimulate/change belowground diversity
- Increase soil organic matter
- Increase nutrient cycling
- Enhance plant growth
- Increase predator & pollinator populations

# Agricultural Management Practices and Soil Health

Choose practices that feed the soil organisms and protect their habitat (soil aggregate)

**Tend to Reduce Soil Health**

**Tend to Promote Soil Health**

**Aggressive tillage**

**No-till or conservation tillage**

**Annual/seasonal fallow**

**Cover crops; Relay crops**

**Mono-cropping**

**Diverse crop rotations**

**Annual crops**

**Perennial crops**

**Excessive inorganic fertilizer use**

**Organic fertilizer use (manures)**

**Excessive crop residue removal**

**Crop residue retention**

**Broad spectrum fumigants/pesticides**

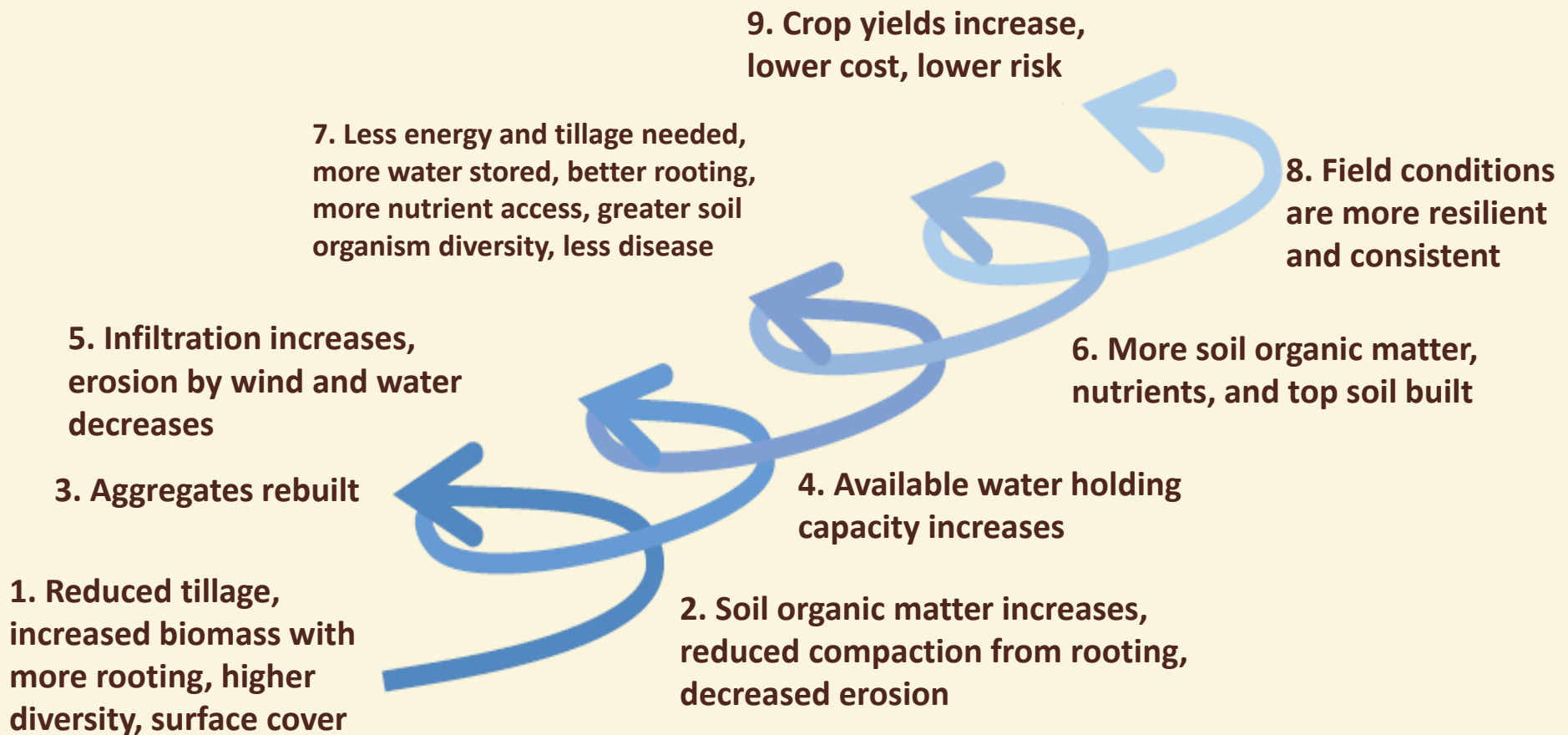
**Integrated pest management**

**Broad spectrum herbicides**

**Weed control by mulching, cultivation**



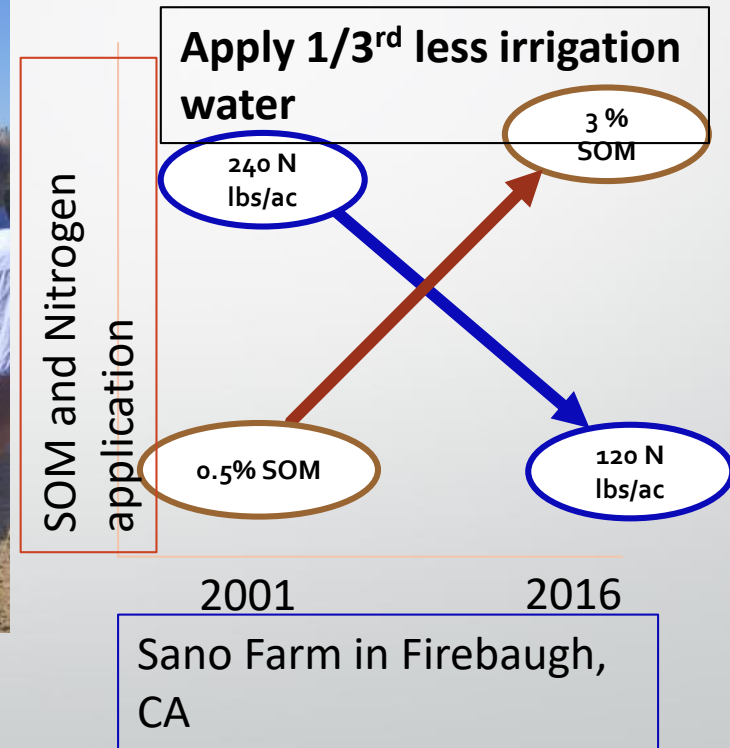
# Upward Spiral Soil Health Management Systems for Healthy Soils



# Regenerative Agriculture



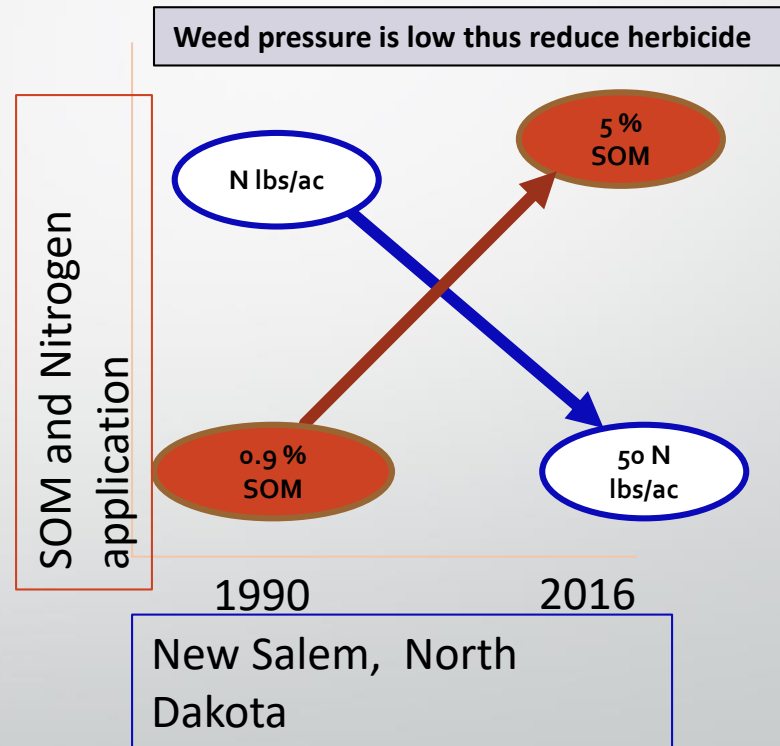
Jesse Sanchez – San Joaquin Valley farmer



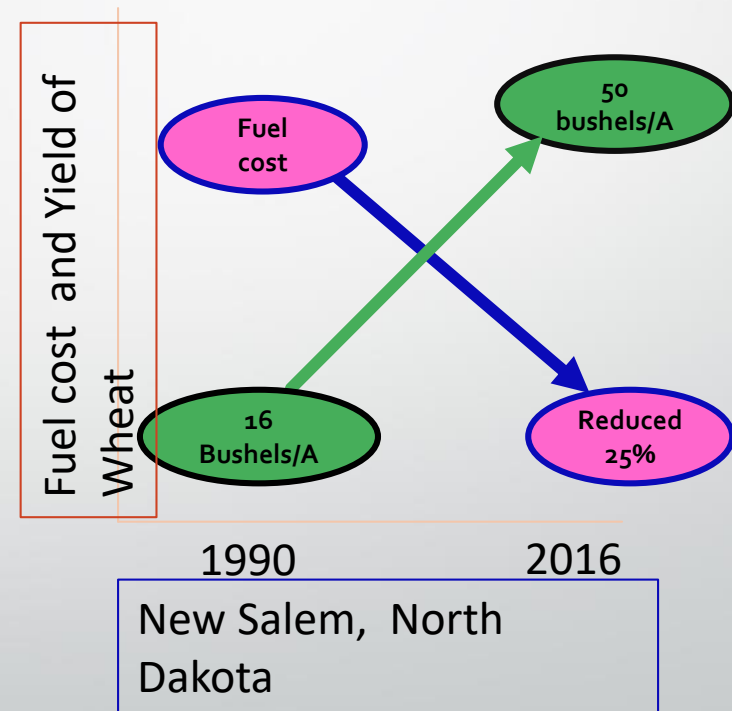
# Soil Health Practices rebuilds SOM, increases Soil Fertility and reduce Weed Pressure



Rocky Bateman – 5<sup>th</sup> generation farmer



# Soil Health Practices reduce Fuel Cost and increase Crop Yield





**Thank You!**

